School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	Spaghetti Bolognaise & Homemade Garlic Bread Or	Breast of Chicken Curry & Rice, Naan Bread Or Chicken &	Homemade Breaded Chicken Goujons Selection of Dipping	Roast Pork Or Roast Chicken	Hot Dog Or Ciabatta Pizza Slices
WEEK 1	Breaded Fish Fingers	Cheese Melt	Sauces Or Spicy Chicken Fajita	Roast Chicken	Ciabatta Pizza Siices
30/8	breaded Fish Fingers	Cheese Weit	with Warm Tortilla wrap	Herb Stuffing, Gravy	Baked Beans
27/9	Baton Carrots	Garden Peas	Sweetcorn, *Salad Selection	Fresh Baton Carrots	Peas
25/10	Medley of Fresh Vegetables	*Salad Selection	Mashed Potato, Hot Pasta	Broccoli Florets	*Tossed Salad
22/11 20/12	Mashed Potato	Mashed Potato, Baby Boiled Potatoes	Twists	Mashed Potato	Chips, Mashed Potato
20/12	Egg Sponge with Jam Topping	Vanilla Ice Cream, Oranges &	Fresh Fruit Selection and Fresh	Rice Krispie Square &	Oat Biscuits & Fresh Fruit
	& Custard	Chocolate Sauce	Yoghurt	Custard	Chunks
	Chicken Chow Mein Or	Breast of Chicken Curry with	Cheesy Bolo Pasta Or	Roast Breast of Chicken Or	Chicken Nuggets Or
WEEK 2	Steak Burger	Boiled Rice & Naan Bread Or	Fresh Breaded Fish Goujons	Chicken Crumble	Hot Thai flavoured Chicken
6/9		Homemade Margherita Pizza			Wrap
4/10	Gravy Broccoli Florets		with lemon slice, Tartar Sauce Baked Beans, Garden Peas	Herb Stuffing Gravy	Salsa Dip, Sweetcorn
1/11	Fresh Baton Carrots	Garden Peas, Tossed Salad	Sweetcorn, *Salad Selection	Cauliflower Cheese	*Salad Selection
-	Mashed Potato	Pasta Twists	Mashed Potato	Fresh Diced Carrots /	Chips
29/11	iviasiica i otato	T data TWIStS	iviasiica i otato	Parsnip, Mashed Potato	Baked Potato
	Chocolate Brownie, Pears & Ice	Homemade Shortbread	Strawberry Jelly & Ice Cream		
	Cream	Rounds & Custard	with Fresh Fruit	Sticky Flapjacks & Custard	Selection of Fruit and Yoghurt
	Italian Pasta Bolognaise Or	Mac & Cheese Or	Mexican Enchilada Or	Chicken Panini Or	Traditional Homemade Chicken
WEEK 3	Breaded Fish Fingers	Homemade Salt & Chilli or	Oven Baked Sausage	Roast Turkey	or Smooth & Hearty Vegetable
13/9		Traditional Chicken Goujons,	Garden Peas	Herb Stuffing	Soup
11/10	Baked Beans, Sweetcorn	Selection of dipping sauces	Mediterranean Roasted	Cranberry Sauce, Gravy	Steak Burger in Bap,
-	Broccoli Florets	Baton Carrots, * Salad	Vegetables, Mashed Potato	Fresh Carrot or Parsnip	Or Bang Bang Chicken in Hot
8/11	Mashed Potato	Selection Chips, Mashed	Baby Boiled Potatoes	Fresh Savoy Cabbage	Baguette
6/12		Potato		Mashed Potato, Hot Pasta Shells	Mashed Potato, Tossed Salad Selection of breads
	Chocolate and Orange Egg	Raspberry ripple Ice Cream Tub	Fresh Fruit Selection and Fresh	Silens	Strawberry Mousse & Fresh
	Sponge & Custard	Fresh Fruit Chunks	Yoghurt	Cornflake Square & Custard	Fruit Salad

	Breast of Chicken Curry with	Chicken Stir Fry & Noodles	Roast Breast Chicken Or	Spaghetti Bolognaise Or	Homemade Margherita Pizza
WEEK 4	Boiled Rice & Naan Bread Or	Or	Beef Stew	Fresh Breaded Fish Fillets Or	Or Marinated Chicken Fillets
	Chicken & Broccoli Bake	Oven Baked Sausage	Herb Stuffing	Salmon fish cake	with warm Tortilla Wraps
20/9		Baked Beans	Gravy	Lemon Slice and Tartar	* Salad Selection
18/10	Garden Peas	Sweetcorn	Diced Turnip	Sauce,	Sweetcorn
15/11	Fresh Savoy Cabbage	Baton Carrots	Fresh Baton Carrots	Broccoli &	Traditional Champ
13/12	Gravy	Mashed Potato	Mashed Potato	Cauliflower Florets	Chips
,	Mashed Potato			Mashed Potato	
		Flakemeal Biscuit Fingers, Fruit	Chocolate Brownie & Custard	Selection of Fruit and	
	Lemon Drizzle Cake & Custard	& Custard		Yoghurt	Artic Roll & Fruit Chunks

Rice, Pasta, Potatoes and Gravy can be served Daily

Menu choices subject to deliveries
Fresh Fish May Contain Bones

Breads Milk, Water Fresh Fruit, Yoghurt Available Daily

*2 Items from
Cook's Salad
Selection
Rice Salad, Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Carrot Sticks
Cucumber Sticks
Diced Red Peppers
Red Onion
Radish
Beetroot

If You Require Any Additional Information on