# EAT SMART WITH THE LUNCH BUNCH



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## MONDAY

## **TUESDAY**

## WEDNESDAY

## **THURSDAY**

# FRIDAY

19 February 18 March	Golden Crumbed Fish Fingers - Or - Freshly Baked Ham & Cheese Panini	Beef Ragu Italia - Or - Homemade Margherita Pizza	Chicken Curry & Naan Bread - Or - Baked Pork Sausages & Gravy	- Or - Quorn Dippers	hicken Goujons & Sweet Chilli Dip - Or - Roast Mediterranean Vegetable Pasta Bake
15 April 13 May 10 June 2 September	Baked Beans & Garden Peas Chipped / Baked Potato	Sweetcorn / Diced Carrots / Coleslaw Oven Roasted Potato / Wedges / Rice / Salad	Garden Peas / Baton Carrots Boiled Rice / Mashed Potato	Fresh Vegetables in Season Mashed / Oven Roast Potato  Homemade Brownie & Orange Wedges	Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes
30 September	Homemade Flakemeal Biscuit	Mandarin Orange Sponge & Custard	Arctic Roll and Peaches	Homemade Brownie & Olarige Wedges	Fruit Muffin & Apple / Orange Juice
26 February 25 March 22 April 20 May 17 June 9 September	Golden Crumbed Fish Fingers - Or - Creamy Chicken & Broccoli Pasta with Garlic Bread  Sweetcorn & Roasted Peppers Chipped / Baked Potato / Coleslaw	Homemade Cottage Pie - Or - Homemade Margherita Pizza Spring Greens / Butternut Squash Oven Baked Potato Wedges / Baked Potato	Chicken Curry & Naan Bread - Or - Beef Meatballs with Tomato & Basil Sauce Green Beans / Baton Carrots Steamed Rice / Pasta Spirals	Roast of the Day, Stuffing & Gravy Or - Chicken & Pepper Fajita Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Golden Krispie Square	School "Chippy Day" Chicken or Fish Goujons / Sausages - Or - Baked Potato with Tuna & Sweetcorn / Salad Beans / Mushy Peas Chipped / Baby New Potatoes
3 September	Ice-Cream, Pears & Chocolate Sauce	Summer Fruit Cheesecake	Sticky Date Pudding & Custard		Frozen Fruit Yoghurt
4 March 1 April	Baked Pork Sausages & Gravy - Or - Jerk Chicken & Caribbean Rice with Flatbread	Chicken Curry & Naan Bread - Or - BBQ Pulled Pork Pizza Wrap	Breaded Fish & Lemon Mayo - Or - Beef Lasagne, Garlic Bread & Coleslaw	Roast of the Day, Stuffing & Grave - Or - Roast Butternut Squash, Penne Pasta and Tomato & Pesto Saur	in Bap with Onions e - Or -
29 April 27 May 24 June	Baked Beans / Garden Peas Chipped / Baked Potato	Sweetcorn / Baton Carrots Boiled Rice / Oven Roasted Garlic & Paprika Wedges	Garden Peas / Diced Carrots Mashed / Baby Potato	Fresh Vegetables in Season Mashed Potato / Oven Roast Pota	
16 September	Ice-Cream & Two Fruits	Jaffa Cake Pots	Fruit Sponge & Custard	Fresh Fruit Salad & Yoghurt	Lemon Shortbread & Melon Wedge
1 March	Beef Bolognaise - Or - Chicken Goujon Wrap	Breaded Fish & Lemon Mayo - Or - Homemade Margherita Pizza	Chicken Curry & Naan Bread - Or - Chinese-style Beef & Vegetable	Roast of the Day, Stuffing & Gr - Or - Salmon & Creamy Tomato Pa	with Tomato Ketchup
April May June	with choice of dip Sweetcorn / Broccoli	Mushy or Garden Peas / Baked Beans Chipped Potato / Baked Potato	Diced Carrots & Green Beans Noodles / Rice	Fresh Vegetables in Season Mashed Potato / Oven Roast Po	
6 August 8 September	Pasta Spirals / Mashed Potato	Raspberry Jelly & Two Fruits	Fruit Sponge & Custard	Pineapple Delight	Ice-Cream & Mandarin Oranges
	Chocolate & Orange Cookie				

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABLIITY